

1 BOARDS AND COMMISSIONS

2 Kentucky Board of Licensure for Marriage and Family Therapists

3 (Amendment)

4 201 KAR 32:035. Supervision of marriage and family therapist [~~therapy~~] associates.

5 RELATES TO: KRS 335.300, 335.320(6), 335.330, 335.332

6 STATUTORY AUTHORITY: KRS 335.320(4), (5), (9)

7 NECESSITY, FUNCTION, AND CONFORMITY: KRS 335.320(9) requires the Board [~~board~~]

8 to promulgate administrative regulations to implement KRS 335.300 to 335.399. KRS 335.320(4)

9 requires the board to license applicants who satisfy the experience and educational requirements

10 and who have paid the fee. KRS 335.320(5) requires the board to review and approve supervision

11 contracts between marriage and family therapist [~~therapy~~] associates and their approved

12 supervisors. This administrative regulation establishes the supervision requirements for marriage

13 and family therapist [~~therapy~~] associate and their Board-Approved Supervisors [~~board-approved~~

14 ~~supervisors~~].

15 Section 1. Definitions.

16 (1) "Group supervision" means supervision of three (3) to six (6) supervisees with the supervisor.

17 (2) "Individual supervision" means supervision of one (1) or two (2) supervisees with the

18 supervisor.

19 (3) "Qualified mental health professional" means a licensed marriage and family therapist,

20 licensed psychologist, licensed psychiatrist, licensed professional clinical counselor, or licensed

21 clinical social worker.

(4) "Raw data" means video recorded sessions, live observation, or co-therapy with a board-approved supervisor. The purpose of raw data is to provide supervision focused on developing the clinical competencies and professional growth of the associate consistent with marriage and family therapy relational/systemic philosophy, ethics, and practices of the profession of marriage and family therapy by evaluating their work first-hand with individuals, couples, and families throughout their status as a marriage and family therapist associate.

(5) "Tracking Raw Data" means that for any portion of an hour of supervision with a board-approved supervisor, during which an associate provides and discusses the raw data, the entire hour shall be counted as one (1) hour of raw data toward the thirty-six (36) hour raw data requirement for licensure. If raw data is shown during provided Group Supervision, only the individual associate presenting the raw data shall count the raw data towards the thirty-six (36) hour raw data requirement for licensure.

~~(5)~~ (6) "Two (2) years of post-licensure experience in the practice of marriage and family therapy" means a minimum of two (2) years of the practice of marriage and family therapy consisting of 1,000 hours of direct, face-to-face or telehealth contact with individuals, couples, families, and groups in the practice of marriage and family therapy under the supervision of an approved supervisor. Face-to-face for the purposes of this definition includes synchronous contact via technology assisted services for those who have met the training requirements of 201 KAR 32:110.

Section 2. Qualifications for Board-Approved Supervisor ~~[supervisor]~~ Status.

(1) A Board-Approved Supervisor ~~[Until December 31, 2015, a board-approved supervisor]~~ shall be:

1 ~~[(a) An American Association for Marriage and Family Therapy (AAMFT) approved~~
2 ~~supervisor in good standing;~~

3 ~~(b) An AAMFT supervisor candidate; or~~

4 ~~(c) A marriage and family therapist in good standing, who is licensed in Kentucky and has a~~
5 ~~minimum of five (5) years of post licensure experience in the practice of marriage and family~~
6 ~~therapy.~~

7 ~~(2) Except as established in subsection (3) of this section[, effective January 1, 2016], a board-~~
8 ~~approved supervisor shall be:]~~

9 (a) An American Association for Marriage and Family Therapy (AAMFT) approved supervisor
10 in good standing, who is licensed in Kentucky and has a minimum of two (2) years of post-
11 licensure experience in the practice of marriage and family therapy;

12 (b) An AAMFT supervisor candidate in good standing who is licensed in Kentucky and has
13 three (3) years of post-licensure experience in the practice of marriage and family therapy; or

14 (c) A marriage and family therapist in good standing, who is licensed in Kentucky and has a
15 minimum of five (5) years of post-licensure experience in the practice of marriage and family
16 therapy~~[, with the last eighteen (18) months of experience being in Kentucky].~~

17 ~~[(3) AAMFT approved supervisors, AAMFT supervisor candidates, and non-AAMFT board~~
18 ~~approved supervisors, approved as of December 31, 2015, shall maintain board approved status.]~~

19 ~~(2)~~~~[(4)]~~ To obtain initial Board-Approved Supervisor ~~[board-approved supervisor]~~ status, an
20 applicant ~~[who is not an AAMFT supervisor or supervisor candidate in good standing]~~ shall
21 submit a written request to the Board and provide proof of completion of the following
22 requirements: ~~[of six (6) hours of board approved continuing education courses in supervision.]~~

23 (a) If the candidate at the time of application is an AAMFT Supervisor:

1 1. Completion of AAMFT Approved Supervisor training; and

2 2. One (1) continuing education hour in Kentucky law governing the practice of marriage and
3 family therapy, both in KRS 335.300 to 335.399 and 201 KAR Chapter 32.

4 (b) If the candidate at the time of application is an AAMFT Supervisor Candidate:

5 1. Enrollment in AAMFT Approved Supervisor training;

6 2. A letter of agreement of mentorship between the AAMFT Approved Supervisor Candidate
7 and an AAMFT approved supervisor; and

8 3. One (1) continuing education hour in Kentucky law governing the practice of marriage and
9 family therapy, both in KRS 335.300 to 335.399 and 201 KAR Chapter 32.

10 4. Upon completion of all AAMFT supervisor training requirements, an AAMFT Supervisor
11 Candidate shall submit their request for status change to AAMFT Approved Supervisor.

12 (c) If the candidate at the time of application is neither an AAMFT Supervisor nor an AAMFT
13 Supervisor Candidate:

14 1. Six (6) continuing education hours of board-approved continuing education courses in
15 supervision; and

16 2. One (1) continuing education hour in Kentucky law governing the practice of marriage and
17 family therapy, both in KRS 335.300 to 335.399 and 201 KAR Chapter 32.

18 (d)[(a)] Any continuing education [The] course shall be taken within the two (2) years preceding
19 the date of initial application to become a board-approved supervisor.

20 (e)[(b)] The educational [This] requirements for obtaining board approval as a supervisor shall
21 be in addition to the hours of continuing education required for licensure renewal.

22 (f)[(c)] Each approved course shall be live or online and shall include:

1. Kentucky law governing the practice of marriage and family therapy, both in KRS 335.300 to 335.399 and 201 KAR Chapter 32;
2. Theories of supervision;
3. Ethical issues involved in supervision; and
4. Supervisor responsibilities such as logs, treatment planning, and recording.

~~(3)(5)~~ Board-Approved Supervisor status shall last for one year, and is subject to renewal as follows: [To maintain approved supervisor [status, a [non-AAMFT] Board [a] Approved [s]Supervisor] they shall complete at least two (2) [hours of] continuing education in supervision every year. These two (2) hours shall be included in the hours of continuing education required for licensure renewal. Each approved course shall be live or online, and shall include:]

(a) If the supervisor is neither an AAMFT Approved Supervisor nor an AAMFT Supervisor Candidate, they shall complete at least two (2) continuing education hours in supervision every year. These shall be included in the hours of continuing education hours required for licensure renewal. Each approved course shall be live or online, synchronous or asynchronous, and shall include:

1. ~~(a)~~ Kentucky law governing the practice of marriage and family therapy, both in KRS 335.300 to 335.399 and 201 KAR Chapter 32;
2. ~~(b)~~ Theories of supervision;
3. ~~(c)~~ Ethical issues involved in supervision; and
4. ~~(d)~~ Supervisor responsibilities such as logs, treatment planning, and recording.

(b) ~~(6)~~ If the [To renew as a board-approved] supervisor[;] is an AAMFT Approved Supervisor [approved supervisor] or AAMFT Supervisor Candidate [supervisor candidate], the supervisor shall complete at least one (1) continuing education hour every year in Kentucky law governing

the practice of marriage and family therapy found both in KRS 335.300 to 335.399 and 201 KAR Chapter 32. The course shall be attended live or online. The one (1) hour shall be included in the hours of continuing education required for licensure renewal.

Section 3. Clinical Supervision.

(1) Clinical supervision shall:

(a) Begin promptly when the supervisee and supervisor are notified of approval of:

1. The Marriage and Family Therapist Associate Permit application, or

2. A New Supervision Plan for Clinical Experience.

(b) [(a)] Be equally distributed throughout the qualifying period and shall average at least four (4) hours per month as specified in the supervision contract;

(c) [(b)] Be clearly distinguishable from psychotherapy, didactic enrichment, or training activities;

(d) [(c)] Focus on raw data from the supervisee's clinical work within in the last twelve (12) months;

(e) [(d)] Be direct, face-to-face contact between the supervisor and supervisee or be conducted via live video conferencing if both the supervisor and supervisee have met the educational requirements of 201 KAR 32:110, Section 3(1) and (2); and

(f) [(e)] Continue until the supervisee is licensed by the board.

(2) The supervision process shall focus on:

(a) Accurate diagnosis of client problems leading to proficiency in applying professionally recognized nomenclature and developing a plan for treatment as established in the most recent edition of [DSM-5:] Diagnostic and Statistical Manual of Mental Disorders (DSM) [5th Edition (2013)];

- (b) Development of treatment skills appropriate to the therapeutic process;
- (c) Development of sensitivity to context and issues relating specifically to the client receiving therapy [~~family or individual being counseled~~];
- (d) Acknowledgment of an awareness of the use of the professional self of the therapist in the process of therapy;
- (e) Increased theoretical and applied knowledge for the therapist;
- (f) Acquisition of a greater depth of knowledge and range of techniques in the provision of marriage and family therapy; and
- (g) Awareness of ethical issues in practice, in order to safeguard and enhance the quality of care available to marriage and family therapy clients.

Section 4. Annual Supervision Requirements for Marriage and Family Therapist Associate Permit Renewal.

(1) An associate shall receive a minimum of 48 hours of qualified supervision in each year that they hold an associate permit, commencing with the issuance of the permit. An associate who does not meet this annual requirement shall not be eligible for a renewal of their permit, subject to subsection (2) and (3).

(2) Notwithstanding the foregoing, an associate who did not receive a minimum of 48 hours of qualified supervision in a year may seek in writing, no later than 30 days prior to the expiration of their permit, a hardship waiver of this annual requirement for circumstances involving medical disability, illness, undue hardship, active military service, loss of a supervisor, or other extenuating circumstances that precluded the individual from attaining this requirement. Any

written request shall include a detailed description of the reasons justifying such waiver along with documents or other proof evidencing same.

(3) Notwithstanding subsection (1), an associate who did not receive a minimum of 48 hours of qualified supervision in a year and does not qualify for a hardship waiver under subsection (2), may seek a one-time waiver from the Board by providing written notice of a request for a non-hardship waiver no later than 30 days prior to the expiration of their permit. The Board shall not grant more than one waiver under this subsection during the entire duration of the associate permit.

(4) Any associate who receives a hardship waiver under subsection (2) or a non-hardship waiver under subsection (3) shall make up the deficit in hours in the following year of their permit. Failure to satisfy this condition shall be grounds for denial of any future permit renewal.

(5) Any hardship waiver or non-hardship waiver granted by the Board shall not alter the requirement set forth in KRS 335.330(2)(b) for licensure as a marriage and family therapist.

(6) All clinical supervision relied upon by an applicant for a marriage and family therapist license to satisfy the requirements of KRS 335.330(2)(b), must comply with the requirements of this section and must be provided by a Board-Approved Supervisor. Any clinical supervision received by a supervisee while the supervisee does not hold a permit issued by the Board, shall not count toward either:

(a) the requirements set forth in KRS 335.330(2)(b); or

(b) the requirements set forth in subsection (1) of this section.

Section 5[4]. Standards for Raw Data Used for Supervision. The use of raw data in a supervision session shall constitute a minimum of thirty-six (36) ~~[fifty (50)]~~ hours of the 200 hours of required

1 supervision. In a group setting, raw data can only be used for an individual presenting or
2 conducting the raw data, not the entire group.

3 Section 6[5]. In a therapy session involving a board-approved supervisor and supervisee:

4 (1) The role of the Board-Approved Supervisor [~~board-approved supervisor~~] as a supervisor or
5 co-therapist shall be clearly defined prior to beginning a therapy session; and

6 (2) The supervisees shall receive credit for client contact hours and supervision hours.

7 Section 7[6]. Documentation Requirements.

8 (1) The Board-Approved Supervisor [~~board-approved supervisor~~] and marriage and family
9 therapist [~~therapy~~] associate shall maintain copies of the completed Supervision [~~Supervisory~~]

10 Log, which shall document:

11 (a) The frequency and type of supervision provided; and

12 (b) The method of supervision utilized, such as observation, dialogue and discussion, and
13 instructional techniques employed.

14 (2) No more than 100 hours of supervision shall take place in group supervision.

15 (3) At least 100 hours shall take place in individual supervision.

16 Section 8[7]. Number of Supervisees.

17 (1) A Board-Approved Supervisor [~~board-approved supervisor~~] shall not supervise more than
18 twelve (12) marriage and family-~~therapy~~ therapist associate at the same time, unless approved
19 by the board.

20 (2) A request to supervise more than twelve (12) marriage and family therapist [~~therapy~~] associate
21 shall be submitted to the board for approval and shall demonstrate in writing the supervisor's
22 plan and ability to supervise additional marriage and family therapist [~~therapy~~] associate.

23 Section 9[8]. Temporary Supervision.

(1) In extenuating circumstances, if a marriage and family therapist ~~[therapy]~~ associate is without supervision, the associate may continue working up to ninety (90) calendar days under the supervision of a qualified mental health professional while an appropriate Board-Approved Supervisor ~~[board-approved-supervisor]~~ is sought and a new supervision contract is submitted to the Board ~~[board]~~. Extenuating circumstances include situations such as death or serious illness of the Board-Approved Supervisor ~~[board-approved-supervisor]~~, a leave of absence by the supervisor, or the termination of the supervisor's employment.

(2)

(a) Within thirty (30) calendar days of a change in status of board-approved supervision, the supervisee shall:

1. Notify the board of these circumstances; and
2. Submit, in writing, a plan for resolution of the situation.

(b) The written plan shall include:

1. The name of the temporary supervisor;
2. Verification of the credential held by the temporary supervisor;
3. An address for the temporary supervisor; and
4. A telephone number for the temporary supervisor.

Section 10[9]. Board-Approved Supervisor's ~~[Board-approved-supervisor's]~~ Responsibilities to Clients and Supervisees.

(1) A Board-Approved Supervisor ~~[board-approved-supervisor]~~ shall be responsible for ensuring the proper and appropriate delivery of marriage and family therapy services to clients.

1 (2) A Board-Approved Supervisor [~~board-approved supervisor~~] shall be responsible for fostering
2 the professional competence and development of the marriage and family therapist [~~therapy~~]
3 associate under their [~~his or her~~] supervision.

4 (3) A Board-Approved Supervisor [~~board-approved supervisor~~] shall be responsible for
5 compliance with the code of ethics established in 201 KAR 32:050 and take steps to ensure that
6 supervisees comply with the code of ethics as well.

7 Section 11[~~10~~]. Incorporation by Reference.

8 (1) "Supervision [~~Supervisory~~] Log", DPL-MFT-04, July 2026 [~~7/2015~~], is incorporated by
9 reference. (2) This material may be inspected, copied, or obtained, subject to applicable copyright
10 law, at the Department of Professional Licensing, 500 Mero Street, Second Floor [~~2-SC-32~~],
11 Frankfort, Kentucky 40601, Monday through Friday, 8 a.m. to 4:30 p.m.

201 KAR 32:035

APPROVED BY AGENCY:

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Chair, Board of Licensure for Marriage and Family Therapists

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